



# Tableaux des records du club de l'EACPA

Dernière mise à jour le 20/12/2022



FEMMES TCC							
DISCIPLINE	PERF	VENT	ATHLETE	CATEGORIE	DATE PERF	LIEU PERF	COTATION
60m - Salle	7"47	-	MORMIN Lea	ESF	18/02/2017	Bordeaux	N2
60m Haies (84)-Salle	8"36	-	AUREAUD Doriane	ESF	13/02/2010	AubiÈre	N1
100m	11"68	(+ 1.3)	MORMIN Lea	ESF	06/05/2018	Franconville	N2
100m Haies (84)	13"56	(+ 0.3)	CIREDEM Audrey	SEF	10/06/2019	Pontoise	N1
200m	23"71	(+ 0.8)	BAFLAN Joellie	JUF	08/07/2007	Bondoufle	N1
200m - Salle	23"88	-	BAFLAN Joellie	JUF	18/02/2007	AubiÈre	N2
300m	39"44	-	HILARION Vanessa	ESF	15/07/2009	Paris	
400m	54"03	-	<b>TORIEL Pauline</b>	<b>ESF</b>	<b>12/6/2022</b>	<b>Montgeron</b>	<b>N2</b>
400m - Salle	54"36	-	TORIEL Pauline	ESF	13/2/2022	Lyon	N2
400m Haies (76)	59"47	-	RIEB Carole	SEF	08/07/2017	Albi	N2
800m	2'06"16	-	RIEB Carole	SEF	19/06/2021	Decines charpieu	N2
800m - Salle	2'09"80	-	CAMARA Djeneba	JUF	28/02/2009	Metz	N2
1 000m	2'53"02	-	BEDOUIN Zoe	SEF	15/07/2015	Paris	N4
1 000m - Salle	3'25"79	-	THESIN Melinjah	MIF	11/12/2011	Eaubonne	
1 500m	4'19"72	-	<b>SIMON Pauline</b>	<b>SEF</b>	<b>23/7/2022</b>	<b>Huizingen</b>	<b>N1</b>
1 500m - Salle	4'23"74	-	SIMON Pauline	SEF	29/1/2022	Saint-brieuc	N2
2 000m	6'58"31	-	COLLINOT Apolline	SEF	27/04/2018	Lorient	
2000m Steeple (76)	6'41"49	-	<b>JOURDAN Melissande</b>	<b>JUF</b>	<b>19/5/2022</b>	<b>Caen</b>	<b>N2</b>
3 000m	9'27"64	-	SIMON Pauline	SEF	11/07/2021	Lokeren	N2
3000m Steeple (76)	10'35"18	-	<b>JOURDAN Melissande</b>	<b>JUF</b>	<b>11/6/2022</b>	<b>Decines charpieu</b>	<b>N3</b>
5 000m	16'27"95	-	<b>MEKONNEN Adanech-mesfen (Eth)</b>	<b>SEF</b>	<b>4/6/2022</b>	<b>Montesson</b>	<b>N1</b>
5 km Route	17'00"	-	LEDHEM Fadouwa	SEF	16/02/2019	Monaco	N2
10 000m	34'07"32	-	LEDHEM Fadouwa	SEF	13/04/2019	Pace	N2
10 Km Route	32'35"	-	LEDHEM Fadouwa	SEF	03/11/2019	Morlaix	IB
1/2 Marathon	1h14'33"	-	LINDEKENS Laurie	SEF	08/03/2020	Fleurbaix	N2
Marathon	3h12'00"	-	GILSON Delphine	SEF	21/10/2018	Vannes	IR1
Hauteur	1m76	-	HOLL Claude isabelle	CAF	05/08/2007	Aix-en-provence	N2
Hauteur - Salle	1m68	-	BERARD Lauranne	JUF	15/02/2015	Nantes	N4
Perche	4m75	-	CHAPELLE Ninon	SEF	20/07/2018	Monaco	IA
Perche - Salle	4m73	-	CHAPELLE Ninon	SEF	24/02/2019	Clermont-Ferrand	IA
Longueur	6m06	(-0.1)	M'BELU Lucienne	SEF	06/07/2013	Aubagne	N2
Longueur - Salle	6m00	-	M'BELU Lucienne	ESF	14/02/2010	AubiÈre	N2
Triple saut	12m61	(+1.5)	N'TIRI Indaye greta	JUF	29/07/2007	Narbonne	N2
Triple saut - Salle	12m30	-	MZEMBABA Samira	ESF	21/12/2014	Eaubonne	N3
Poids (4 kg)	15m35	-	<b>PIERRE LOUIS Rose Sharon</b>	<b>SEF</b>	<b>26/2/2022</b>	<b>Miramas</b>	<b>N1</b>
Poids (4 kg) - Salle	15m35	-	PIERRE LOUIS Rose Sharon	SEF	26/02/2022	Miramas	N1
Disque (1.0 kg)	55m56	-	<b>POUSSE Pauline</b>	<b>VEF</b>	<b>2/7/2022</b>	<b>Abbeville</b>	<b>N1</b>
Marteau (4 kg)	50m55	-	GUNOT-ESOPE Meline	SEF	10/06/2015	Eaubonne	N4
Javelot (600 g)	49m58	-	<b>SMAL Pauline (BEL)</b>	<b>SEF</b>	<b>12/6/2022</b>	<b>Braine-l'alléud</b>	<b>N2</b>
Pentathlon JSF-Salle	3 638 pts	-	<b>DUSSABLY Romane</b>	<b>ESF</b>	<b>11/12/2022</b>	<b>Eaubonne</b>	<b>N2</b>
	<u>60H (84) S</u>	<u>Haut S</u>	<u>Pds4 S</u>	<u>Long S</u>	<u>800m S</u>		
	9"01	1m63	10m98	5m49	2'31"97		
Heptathlon JSF	4 593 pts	-	<b>BERARD Lauranne</b>	<b>SEF</b>	<b>2/7/2022</b>	<b>Amiens</b>	<b>N4</b>
	<u>100H (84)</u>	<u>Hauteur</u>	<u>Pds (4)</u>	<u>200m</u>	<u>Longueur</u>	<u>Javt6</u>	<u>800m</u>
	15"45(+1.0)	1m57	9m63	27"11(-1.8)	5m33(+0.1)	37m78	2'35"51
4 X 100m	45"87	-		ESF	17/07/2016	Aubagne	

<b>4 X 400m</b>	3'46"04 -		SEF	23/05/2010	VÈnissieux	
1-BAFLAN Julie/ESF,2-HILARION Vanessa/ESF,3-GRAYON Anne-laure/SEF,4-CAMARA Djeneba/ESF						
<b>2 000m Marche</b>	11'34"29 -	FAURE Mathilde	MIF	25/06/2006	Savigny-sur-orge	R2
<b>3 000m Marche</b>	14'32"59 -	GIRAULT Marie	SEF	26/05/2018	Pontoise	N2
<b>5 000m Marche</b>	25'47"09 -	GIRAULT Marie	SEF	23/06/2018	Blois	N3
<b>10 Km Marche Route</b>	h56'06" -	GIRAULT Marie	SEF	28/07/2019	Saint etienne	IR1



## HOMMES TCC

DISCIPLINE	PERF	VENT	ATHLETE	CATEGORIE	DATE PERF	LIEU PERF	COTATION
<b>60m - Salle</b>	6"76 -		<b>LAGUI Allan</b>	<b>SEM</b>	<b>17/12/2022</b>	<b>Eaubonne</b>	<b>N2</b>
<b>60m Haies(106)-Salle</b>	7"97 -		OKEMBA Sydney	ESM	11/01/2009	Eaubonne	N2
<b>100m</b>	<b>10"37 (+1.2)</b>		<b>LAGUI Allan</b>	<b>SEM</b>	<b>23/7/2022</b>	<b>Epinal</b>	<b>N2</b>
<b>110m Haies (106)</b>	14"23 (+1.4)		OKEMBA Sydney	ESM	01/07/2009	Paris	N2
<b>200m</b>	21"06 (+1.9)		COUFFE Antony	SEM	17/06/2007	Paris	N1
<b>200m - Salle</b>	21"26 -		COUFFE Antony	SEM	08/02/2009	Eaubonne	N2
<b>300m</b>	34"80 -		COUFFE Antony	SEM	01/07/2009	Paris	
<b>400m</b>	<b>46"01 -</b>		<b>BOYPA Simon</b>	<b>SEM</b>	<b>26/6/2022</b>	<b>Caen</b>	<b>N1</b>
<b>400m - Salle</b>	47"53 -		<b>CHESNEAU Dylan</b>	<b>SEM</b>	<b>13/2/2022</b>	<b>Lyon</b>	<b>N2</b>
<b>400m Haies (91)</b>	50"30 -		OMARA BESSON Mehdi	SEM	30/06/2013	Chambery	N1
<b>800m</b>	1'48"25 -		LE CLEZIO Corentin	ESM	05/06/2021	Poitiers	N2
<b>800m - Salle</b>	<b>1'49"95 -</b>		<b>LE CLEZIO Corentin</b>	<b>SEM</b>	<b>13/2/2022</b>	<b>Lyon</b>	<b>N2</b>
<b>1 000m</b>	2'24"78 -		<b>BRUYAS Maxence</b>	<b>SEM</b>	<b>15/4/2022</b>	<b>Caluire et cuir</b>	<b>N4</b>
<b>1 000m - Salle</b>	2'30"56 -		CARTIEAUX Baptiste	JUM	18/12/2021	Rennes	IR2
<b>1 500m</b>	3'48"48 -		<b>CARTIEAUX Baptiste</b>	<b>JUM</b>	<b>9/7/2022</b>	<b>Cinev</b>	<b>N3</b>
<b>1 500m - Salle</b>	3'50"47 -		<b>BRUYAS Maxence</b>	<b>SEM</b>	<b>13/2/2022</b>	<b>Lyon</b>	<b>N4</b>
<b>2 000m</b>	5'48"58 -		CARTIEAUX Baptiste	MIM	14/07/2018	Niort	
<b>3 000m</b>	<b>8'08"34 -</b>		<b>CARTIEAUX Baptiste</b>	<b>JUM</b>	<b>29/6/2022</b>	<b>Saint maur des fosses</b>	<b>N2</b>
<b>3 000m - Salle</b>	8'22"54 -		CARTIEAUX Baptiste	JUM	21/01/2022	Lyon	N4
<b>5 000m</b>	<b>14'42"78 -</b>		<b>LAMOTTE Theo</b>	<b>JUM</b>	<b>4/6/2022</b>	<b>Montesson</b>	<b>IR1</b>
<b>5 km Route</b>	14'48" -		CARTIEAUX Baptiste	ESM	10/10/2022	Albi	IR1
<b>10 000m</b>	30'21"91 -		MORTAMET Antoine	SEM	29/08/2020	Pace	N3
<b>10 Km Route</b>	<b>30'01" -</b>		<b>CARTIEAUX Baptiste</b>	<b>JUM</b>	<b>9/4/2022</b>	<b>Boulogne sur mer</b>	<b>N3</b>
<b>1/2 Marathon</b>	1h06'52" -		MORTAMET Antoine	SEM	21/11/2021	Boulogne billancourt	N3
<b>Marathon</b>	<b>2h26'12" -</b>		<b>CHARPENTIER Jeremie</b>	<b>VEM</b>	<b>4/12/2022</b>	<b>Valence</b>	<b>N4</b>
<b>2000m Steeple (84)</b>	5'50"03 -		CARTIEAUX Baptiste	CAM	19/09/2020	Pontoise	N3
<b>3000m Steeple (91)</b>	<b>8'41"81 -</b>		<b>CARTIEAUX Baptiste</b>	<b>JUM</b>	<b>28/5/2022</b>	<b>Oordegem</b>	<b>N1</b>
<b>Hauteur</b>	<b>2m17 -</b>		<b>BAYINDOULA Jason</b>	<b>ESM</b>	<b>11/6/2022</b>	<b>Evreux</b>	<b>N1</b>
<b>Hauteur - Salle</b>	2m14 -		BAYINDOULA Jason	ESM	11/12/2022	Eaubonne	N2
<b>Perche</b>	5m88 -		CHAPELLE Axel	SEM	25/02/2018	Clermont ferrand	IA
<b>Perche - Salle</b>	5m83 -		CHAPELLE Axel	SEM	25/02/2018	Clermont Ferrand	IA
<b>Longueur</b>	7m75 (+1.5)		COUFFE Antony	SEM	01/07/2007	Elancourt	N2
<b>Longueur - Salle</b>	7m81 -		DUFAG Cedric	ESM	20/02/2016	Rennes	N1
<b>Triple saut</b>	16m72 (+1.6)		MOUYABI Quentin	ESM	10/06/2018	Jesolo	N1
<b>Triple saut - Salle</b>	15m90 -		MOUYABI Quentin	ESM	14/01/2018	Madrid (ESP)	N2
<b>Poids (7.26 kg)</b>	<b>15m51 -</b>		<b>LOKOSSOU Enock (BEN)</b>	<b>SEM</b>	<b>8/6/2022</b>	<b>Pontoise</b>	<b>N3</b>
<b>Poids (7.26 kg) - Salle</b>	15m27 -		ANDIRIN Olivier	VEM	24/1/2016	Eaubonne	N3
<b>Disque (2.0 kg)</b>	46m43 -		DANFAKHA Cheikhou	SEM	20/05/2018	Pontoise	N4

<b>Marteau (7.26 kg)</b>	51m19	-	MATYSAC Baptiste	JUM	03/05/2017	Eaubonne	IR1
<b>Javelot (800 g)</b>	64m88	-	DUDIT Arthur	SEM	01/07/2021	Joinville le pont	N3
<b>Decathlon SH</b>	<b>7 301 pts</b>	-	<b>BALAN Clement</b>	<b>ESM</b>	<b>2/7/2022</b>	<b>Amiens</b>	<b>N2</b>
	<u>100m</u>	<u>Longueur</u>	<u>Pds (7)</u>	<u>Hauteur</u>	<u>400m</u>	<u>110H (106)</u>	<u>Disq20</u>
	10"87(+1.4)	7m18(+0.8)	12m40	2m05	50"16	14"61(+ 1.5)	33m61
	<u>Perche</u>	<u>Javi8</u>	<u>1500m</u>				
	4m40	46m19	4'58"25				
<b>Heptathlon SH-Salle</b>	<b>5 449 pts</b>	-	<b>BALAN Clement</b>	<b>ESM</b>	<b>12/02/2022</b>	<b>Rennes</b>	<b>N1</b>
	<u>60m S</u>	<u>Long S</u>	<u>Pds7 S</u>	<u>Haut S</u>	<u>60H (06) S</u>	<u>Perc S</u>	<u>1000 S</u>
	6"99	7m20	11m34	2m01	8"35	4m40	2'56"92
<b>4 X 100m</b>	<b>40"73</b>	-		<b>SEM</b>	<b>22/5/2022</b>	<b>Pontoise</b>	
	EYIDIBAKALA Eloges (SEM/99), LAGUI Allan (SEM/99), NDIAYE Mamadou (SEM/97), COUFFE Antony (VEM/84)						
<b>4 X 400m</b>	<b>3'11"48</b>	-			<b>22/5/2022</b>	<b>Pontoise</b>	
	FARGE Theo (SEM/99), CHESNEAU Dylan (SEM/99), MIROG Wilton (SEM/97), BOYPA Simon (SEM/99)						
<b>2 000m Marche</b>	14'24"56	-	PICHAUD Lucas	BEM	14/04/2019	Beaumont sur oise	
<b>3 000m Marche</b>	15'18"73	-	BLANC Dorian	CAM	25/10/2014	Dreux	R1
<b>5 000m Marche</b>	23'42"54	-	<b>DE BONTIN Vincent</b>	<b>SEM</b>	<b>11/6/2022</b>	<b>Dole</b>	<b>IR2</b>
<b>10 000m Marche</b>	48'05"	-	<b>DE BONTIN Vincent</b>	<b>SEM</b>	<b>2/4/2022</b>	<b>Venissieu</b>	<b>N4</b>
<b>10 Km Marche Route</b>	h47'59"	-	VAN HILLE Dominique	SEM	01/10/2006	Piacenza	N3
<b>1 Heure Marche</b>	12 054 m	-	AUBRY Eliot	JUM	2/10/2022	Saran	IR2